

Invitation to Participate in Our Heart Research Study

Greetings!

My name is Windy Cunningham and I am conducting a research study about Black women, adverse childhood experiences (ACEs), stress and cardiovascular disease risk.

I am inviting you to participate in an online research study. The purpose of the research study is to see if there is a connection between Black women's cardiovascular disease risk, experiences of childhood adversity, and culturally specific stress coping strategies.

This study is open to women who identify as Black, are over the age of 18 and live in the Stroke Belt states of North Carolina, Alabama, Georgia or North Florida.

If you decide to take part in the study, it will take about 10 minutes to complete the online questionnaire. Participation in this research is completely anonymous. No one will be able to identify your answers or link them to you. Your participation in this study is completely voluntary and you can stop at any time. Only my advisor and I will have access to the completed survey information.

You can stop if you feel uncomfortable answering any of the questions. Taking the survey may cause you to think of questions or concerns about your own health. If this happens, please contact your usual health care provider, or for information on local resources related to cardiovascular disease risk, contact a Customer Care Representative at the American Heart Association at 1-(800)-242-8721 and for information on local resources related to mental health contact a Helpline Representative at the National Alliance on Mental Illness (NAMI) Helpline at 1-800-9506264.

There may be no direct benefits to you from taking part in this study. If you agree to be in the study, you will also receive instructions on how to can enter a raffle to receive one of two \$50 Visa gift cards.

For more information contact me at windy1.cunningham@famuedu or contact my advisor Dr. Lee at torhonda.lee@famuedu or call (850) 4125700.

If you have questions or concerns about your rights or participation in

this research study, please contact Dr. Angela Thornton, Chair of the Florida Agricultural and Mechanical University Institutional Review Board (IRB) located at 308H SRC Tallahassee, FL 32307-3800 at 850412-5246.

Sincerely,

Windy Cunningham

Graduate Student, Florida A&M University

Visit the study website to take the survey now or to connect to other resources.

www.ourheartstudy.wordpress.com



**Florida A&M University
Institutional Review Board**

Approved on:	01/23/2020
Expires on:	01/23/2021
Study number:	114-19
IRB Office	850-412-5246

**Questions or
concerns**